

Vestby municipality

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The cultural office in Vestby municipality is located in Vestby town hall. It is open daily between 8 a.m. and 3 p.m.

This is the place to go if you have questions about this folder, or if you want to learn more about how to start a cultural activity.



Culture and spare time in Vestby



- Do you want to play football?
- Learn to play an instrument?
- Do you like reading ?
- Do you want to dance?



If you live in Vestby, you will find there are many spare time activities to choose from.

Here you can have information translated into your own language so it is easier to find out if any of the activities offered in Vestby municipality are right for you!

● Vestby cultural school

Vestby cultural school offers various types of training in aesthetic subjects for children and young people in the municipality. You can learn to play an instrument (you can hire the instruments), sing, make pottery, act or dance.

The cultural school is run by the municipality and offers voluntary after school activities. Every week, more than 400 children and young people attend the cultural school. The activities are not free.



You need to apply for a place for your child. You can do that by using the following link: www.vestby.kommune.no/kulturskole. Then click on “[application for admission to the cultural school](#)” and complete the application form.

If you need help to apply, phone the cultural school on tel. 64 98 07 06 or the cultural office at the town hall.

● Library services

Vestby has two libraries, one each in the municipality centres of Vestby and Son.

At the library you can:

- read newspapers and periodicals, especially the “Klar tale” newspaper, with news in simplified Norwegian
- use the Internet on the library’s PCs or your own PC by means of wireless network
- use the reading room for studies/school work
- borrow books, audio books, music and films
- create an exhibition of things that concern you
- meet friends, relax in a sofa
- play games and play

The library issues a borrowing card you can use all over Norway. Children can have their own cards when they start primary school. Books, periodicals and music can normally be borrowed for 4 weeks, films usually for 1 week. In the library, you can order books in other languages. Library services are free.

You’ll find the library opening hours and cultural programme on the web site: www.vestby.kommune.no/biblioteket



● Voluntary clubs and associations

In Norway, it is quite normal that children and young people are organised in various spare time activities based on their interests in sport, outdoor life etc. Vestby municipality has a number of voluntary clubs and associations offering many different activities for both children, young people and adults.

In sports and physical activities, there is football, handball, dance, karate, boxing, riding, tennis, sailing, aerobics and lots more.



The municipality also has voluntary clubs and associations for other spare time activities than sport.

Perhaps your child would like to spend the night in the open with the boy scouts or girl guides, sing in a choir, play chess in a club, play in a band, act, join the 4H or Vestby's hunting and fishing club?

Vestby also has an international women's group with regular open meetings every month.

When clubs and associations are voluntary, it means that people working with them do it in their spare time without being paid. Since clubs and associations are run on a voluntary basis, it is expected that parents also put in some voluntary work. Such work can for example be to make and sell waffles at a football cup, which is both a pleasant social activity and a nice way of getting in touch with other Norwegians.

It is often expected that participants should contribute every week at regular times, and that parents notify others if they cannot come, e.g. because of illness. Most activities require the paying of a small fee, e.g. for membership. Ask the club when you join what they expect you to do.

You can ask the cultural office in Vestby municipality for more information about spare time activities and how your child may participate in one or more of them. You can also visit the municipality's web site on [www.vestby.kommune.no/lag og foreninger](http://www.vestby.kommune.no/lag_og_foreninger). Here you will find contact information for the many local voluntary clubs and associations.



Photo: Chris Coelho

● Swimming hall

Vestby municipality has its own swimming hall at Grevlingen in Son. This is a great place for children and adults alike to swim and play in the water. It is open in the weekends and in some afternoons and evenings every week. There is an admission fee, but it does not cost much to make use of the swimming pool.

You will find information on the swimming hall opening hours and prices on the municipality's web site:

www.vestby.kommune.no/svømmehall



Vestby swimming and life saving club has swimming courses at the hall. You can join a swimming course by contacting the swimming club.

● Junior and youth clubs

Vestby municipality has recreations clubs for children and young people in the afternoons and evenings in Vestby and Son. The activities are for children and young people between 10 and 18.

The junior and youth clubs offer a wide range of activities such as billiards, computing, music and dancing. In addition, the clubs are important places for meeting and talking to friends. The clubs are free.

Adults are always present and ensure a positive environment free of drugs and alcohol. If you, as parents, want to know what the clubs are like you are welcome to drop in on an evening and see for yourselves.

See the cultural office for more information on the offer. You will find the opening times on www.vestby.kommune.no/fritidsklubber.

